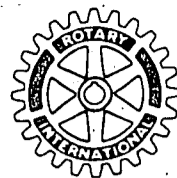




NEWS BULLETIN FOR THE SPACE CENTER ROTARY CLUB

(Near the Lyndon B. Johnson Space Center)
P.O. Box 58862 (Nassau Bay) Houston, Texas 77258



DISTRICT 589

BLASTOFF!

Rotary International President, CARLOS CANSECO (1984-1985)
Rotary Theme...."Discover A New World Of Service"

DISTRICT 589 GOVERNOR.....JOE HOLLINGSWORTH
CLUB PRESIDENT.....CHARLES HARTMAN
President-elect-V/P.....Bob Wren
Treasurer.....Jim McNatt
Secretary.....Jim Hargrove
Sgt. at Arms.....Sam Calanni
Historian.....Walt Wicker
Bulletin Editor.....Allan DuPont

DIRECTORS:

Lon Clement Billy Smith
Chas. Hardwick John Watson
Cap Landolt Bill Weseman
Don Robison Walt Wicker
Aaron Schein Past Pres. Bill Webb
P.D.G. Floyd Boze (Ex-Officio)

DATE October 1 19 84

PROGRAMS:

MONDAY OCTOBER 1, DR. MARCELLA DERRICK WILL DISCUSS THE IMPORTANT AREA OF STRESS MANAGEMENT.

MONDAY OCTOBER 8, HOLIDAY!

MONDAY OCTOBER 15, A PRESENTATION WILL BE MADE ON PROPOSITION #2 THAT WILL BE ON THE NOVEMBER 6 BALLOT.



IT'S ALL OVER!!

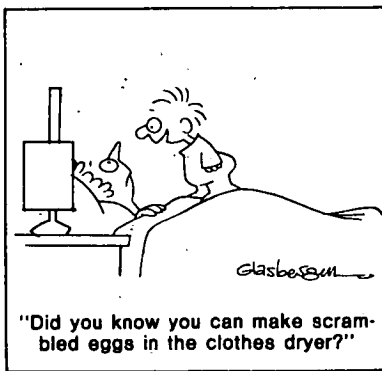


YES, IT'S ALL OVER!!! ALL BUT THE SHOUTING AND THE NET RESULTS!! UNOFFICIAL REPORTS tell us that our 11th annual SHRIMPOREE/AUCTION was a great success. The HARD WORK is now behind us, BUT there is more to be done before we really know how we came out moneywise. There is still ticket monies to be turned in....there are unpaid bills to be handled....there is more leg work to be done before we can rest on our laurels.....SO GET THE LEAD OUT and do what you have to do; bringing in your money from ticket sales; picking up invoices that must be paid by our SHRIMPOREE/AUCTION TREASURER. Then together let's give our SHRIMPOREE GENERAL CHAIRMAN, DON ROBISON and his VICE CHAIRMAN, JIM KENNEDY, a big hand for an outstanding job in guiding this years event. And to SHRIMPOREE CHAIRMAN, ROBBYE WALDRON, a real tribute for his efforts and fine handling of SHRIMPOREE money affairs. ROBBYE hopes to have for us a finely estimated NET PROFIT FIGURE within the next week or ten days - THAT IS providing we all do our cleanup job quickly. HELP!

THE ROTARIANS WHO PARTICIPATED IN SHRIMPOREE '84 ARE COMMENDED FOR THEIR WORK, WHICH, AS AN EFFECTIVE TEAM EFFORT, FAR SURPASSED THIS YEAR'S GOAL. THERE IS SINCERE APPRECIATION FROM THE BENEFICIARIES AND OTHER CITIZENS OF THIS AREA. SPACE CENTER ROTARIANS CAN BE PROUD OF SUCH A WORTHWHILE ACCOMPLISHMENT AS THEIR SHRIMPOREE '84. THOSE ROTARIANS WHO HAVE NOT TURNED IN SHRIMPOREE TICKETS SHOULD DO SO IMMEDIATELY IN ORDER FOR A FINAL FINANCIAL STATEMENT TO BE MADE. GIVE THE MONEY TO MAURY FITCH. SHRIMPOREE COMMITTEE CHAIRMEN ARE TO TURN IN COMMITTEE REPORTS NOT LATER THAN OCTOBER 1 TO DON ROBISON OR JIM KENNEDY. CHAIRMEN MAY OBTAIN FINANCIAL INFORMATION FROM ROBBYE WALDRON, TELEPHONE: 488-4438.

LET'S WISH THE FOLLOWING ROTARIANS A VERY HAPPY BIRTHDAY!!!!!!

JEAN PIERRE BLEGER 9/25
 DAVE OWEN 29
 WOODY WILLIAMS 29
 CHARLES PERRY 10/01
 EARL MAUDLIN 01
 BEN STEADMAN 02
 AL JOWID 03
 JIM TWINING 05



Invite a prospective new member to a Rotary meeting



IN SYMPATHY:.....STEVEN "STEVE" STEWART, a former member of our Rotary Club, passed away at the Clear Lake Hospital on August 24th following a year's battle with cancer. Steve battled his illness ferociously, only to lose at the tender age of 35 and leaving behind his lovely wife, Cynthia, son Zachary and daughter, Holly. Funeral services were held at the University Baptist Church in Clear Lake City, with burial services at Magnolia Cemetery in Woodville, Texas. Our membership joins in deepest sympathy for all members of Steve's family.

Sick and Tired of Work?

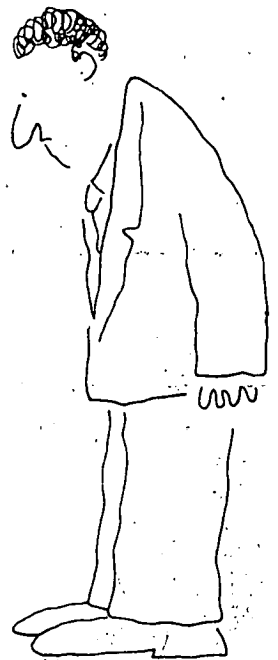


If you're unhappy with your job, yet you feel incapable of changing your situation, your chances of falling ill are high. If you believe, however, that you can alter your working conditions effectively, you are much better off health-wise. According to Joseph G. Rosse, of the University of Minnesota's School of Management, it is important for employers to foster a work environment where change is welcomed. When employees believe they are capable of effecting change, says Dr. Rosse, they tend to be much more satisfied with their jobs—and healthier, too. After interviewing hospital employees, Dr. Rosse found that the health problems of workers who eventually left their jobs flared up before they quit. Most frequent symptoms: physical and mental exhaustion, headaches, depression, neck and lower back pain, and insomnia.

Diet and that Leading Edge

Because you are what you eat, eating less of some foods and more of others can give you a big advantage in the game of life, medical researchers agree. You and your family would be healthier and reduce your risk of disease if you consumed:

- Less fat and cholesterol, including butter, cream, hydrogenated margerines and shortenings.
- Less salt; less meat.
- Less sugar (it is estimated that Americans, on the average, eat 130 pounds of sugar and other sweeteners annually).
- Only enough calories to meet body needs and maintain a desirable weight.
- More complex carbohydrates such as whole grains, cereals, nuts, fruits and vegetables.
- More fish, poultry, legumes (peas and beans).



NOTE.....TEXAS CITY ROTARY CLUB NOW MEETING AT QUALITY INN, 900 BAY STREET, TEXAS CITY, TEXAS. MAKE NOTE ON YOUR "MAKE-UP" CARD.

DIRECTORY CHANGE.....JAY BANKS IS NOW EMPLOYED AS MARKETING DIRECTOR FOR THE SOUTHWEST BUILDING COMPANY, 1042 HERCULES AVE., CLEAR LAKE CITY, HOUSTON 77058 - PH: 488-8068. MAKE THIS CHANGE IN YOUR CLUB MEMBERSHIP DIRECTORY.

DO YOU?

- Wear your Rotary pin?
- make up if you miss?
- speak to visitors?
- arrive early to participate in the fellowship?
- ever bring a guest to the Rotary meeting?
- know what committees you are on ?
- thank the speaker?
- visit other Rotary Clubs?
- remain QUIET after the President opens the meeting?
- proposes new members?
- know enough about Rotary to explain it to others?
- contribute to the Rotary Foundation?
- read your Rotarian magazine?
- read your Club bulletin? (at least you are reading this one).
- WELL: what are You doing?

Improving With Age

The late celebrated mystery writer, Agatha Christie, whose spouse was an archeologist, once said that they make the best husbands. That's because the older his wife gets, the more interested he becomes in her.

Professor to class: "What is the difference between electricity and lightning?"
 Student: "We don't have to pay for lightning."

—ROBERT S. PATRICK.

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Rotary clubs span the globe. Did you know that the Rotary Club of Punta Arenas, Chile, is our southernmost club? It has 62 members in a city settled in 1843.

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Rotary's northernmost club, the Rotary Club of Hammerfest, Norway, has 31 members. The sun is not visible there from November 21 until January 21!

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Our highest club? The Rotary Club of La Paz, Bolivia, wins. La Paz is situated at an altitude of 11,735 feet and has 127 members.